

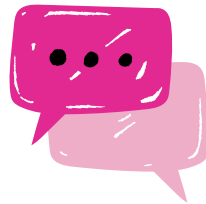
Huntington's disease

behaviour and communication



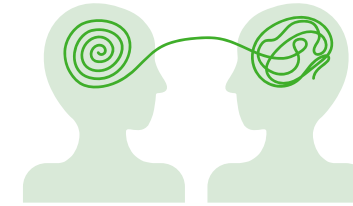
Reduce background noise

Turn off the television and reduce background noise. Fewer distractions can make it easier for the person to concentrate on what you are saying.



Focus on one topic

Keep the conversation focused on one topic at a time. Moving between different subjects may make information harder to follow.



Simplify information

Use short sentences and clear, simple information – this reduces the amount of information the person needs to process at once.



Allow time

Allow plenty of time for the person to process and answer. A delayed response does not necessarily mean they have not heard or understood you.



Avoid other tasks

Avoid talking while the person is walking or eating as these activities may already require their full attention.



Break tasks down

Break the activity or task into smaller steps. This can make a complicated or lengthy task feel more manageable.



Use visible prompts

Use lists, whiteboards or phone reminders. Visible prompts can help the person remember what they need to do next.



Yes or no questions

Offer two clear and realistic options. A limited choice can be easier to consider than an open-ended question. Use closed questions when appropriate. A question requiring a “yes” or “no” answer may be easier to process.